

Introducing PERSONAL TRAINING

AT BEACHVIEW FITNESS

Take your training further with one-on-one
(or bring a friend) sessions with our expert instructors.

PRICING

- Single session (45 min): \$100
- Duo session — 2 people, 1 trainer (45 min): \$160
- 5-Session Pack (single): \$400

HOW TO BOOK

- Open the Seals Fitness app
- Purchase a single session or the 5-pack
- Go to Book → Appointments to view trainer availability and times
- Select your trainer and confirm your booking

ON THE DAY

Meet your instructor at the office, Level 4, in the gym.
Please arrive 10 minutes before your session start time
to ensure it starts on schedule.

PLEASE NOTE

- Current club membership and active gym membership required to book
 - 12-hour cancellation notice required
- Bookings close 2 hours before session start time, to allow trainers to prepare
- Terms and conditions apply — see full terms at www.maroubraseals.com.au

STARTING AUGUST 24TH 2026